

Sunday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
10:00AM	Beginners Steps on the Beach , Down Junipero at the east end of the parking lot, Lifeguard Station #17, East Ocean Boulevard and Junipero Avenue, Long Beach, CA, 90803 (O,D,St,OUT)
10:00AM	Keeping Hope Alive , Point Fermin Park next to playground, Bring chair, dogs welcome., 807 West Paseo Del Mar, San Pedro, CA, 90731 (O,D,OUT)
10:15AM	Freedom by the Sea , On the Beach, **Rainy days at Lifeguard Station**, 2nd Street & The Strand, Hermosa Beach, CA, 90254 (O,D,OUT)
3:00PM	We Don't Use Today , 5881 Cherry Avenue, Long Beach, California, 90805 (O,D,WC)
6:30PM	Invitation to Live , Trinity Lutheran Church, Upstairs, 759 Linden Avenue, Long Beach, CA, 90813 (C,BT,D,SP,St,Tr,LS)
6:30PM	Relapse Prevention 101 (Hybrid) , Sur La Brea Park, Corner of 237th Street & Cabrillo, Cabrillo Avenue & West 236th Street, Torrance, CA, 90501 (C,D,LC,HY) <i>Meeting ID: 285793878 Passcode: RP101</i> <i>Temporarily no wheelchair access until ramp is repaired by the city</i>
6:30PM	The Lie is Dead , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (CS)
7:00PM	Better Choices , Bixby Knolls Christian Church, 1240 Carson Street, Long Beach, CA, 90807 (JT)
7:00PM	Better Choices (Virtual) , Long Beach, CA (JT,VM) <i>Meeting ID: 6809069798</i> <i>Passcode: 410479</i>
7:00PM	Wheel of Recovery , McMaster Park, 3624 Artesia Boulevard, Torrance, CA, 90504 (O,D,WC)

Monday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
9:00AM	We Got A Disease! , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,BT,D,BK)
NOON	Complete Abstinence , Kaiser Permanente, Room A, 23621 South Main Street, Carson, CA, 90745 (O,D,JT,WC,SPAD)
5:15PM	Art C's Memorial Men's Step Study , 835 East 33rd Street, Signal Hill, CA, 90755 (M,BK)
5:30PM	Women Stepping Into Recovery , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (D,St,W)
6:30PM	Full Contact Women's Group , 1240 East Carson Street, Long Beach, CA, 90807 (W,WC,LS) <i>Parking in rear, wheelchair accessible</i>
7:00PM	RAW (Recovery At Work Group of NA) , BHS, 15519 Crenshaw Boulevard, Gardena, CA, 90249 (St,BK)
7:00PM	Serenity Hope , MWA, 835 East 33rd Street, Signal Hill, CA, 90755 (O,To,WC)
7:00PM	Women's Candle Light Meeting , Long Beach, CA, 90808 (To,W,LC,VM) <i>Meeting ID: 9484069680 Passcode: WomenNA</i>
7:30PM	N.A. Crosstalk , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O) <i>First Monday of every month</i> <i>Potluck at 6:30pm</i>

Tuesday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
9:00AM	We Got A Disease! , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D)
11:30AM	High Nooners , Union Hall, 231 West C Street, Wilmington, CA, 90744 (C,D)
4:00PM	Tuesday Afternoon Serenity , Torrance Lomita Alano Club, 1645 Arlington Avenue, Torrance, CA, 90501 (O,To,WC)
7:00PM	For Those Who Want To Recover , 15533 Crenshaw Blvd, Gardena, CA, 90249 (O,WC)

Tuesday (cont)

7:00PM	Principles Before Personalities (Hybrid) , Mass Liberation, 21519 Menlo Avenue, Torrance, CA, 90502 (St,W,BK,HY) <i>Meeting ID: 8752286780</i> <i>Passcode: 587541</i>
7:00PM	Step Connection , 2280 Clark Avenue, Long Beach, CA, 90815 (O,BT,SP,St,WC,BK)
7:00PM	The Primary Purpose Step Study , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (C,St,WC)
8:00PM	Living Clean , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,LC)

Wednesday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
9:00AM	We Got A Disease! , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,IP)
NOON	Welcome Home , Kaiser Permanente, Room A, 23621 Main Street, Carson, CA, 90745 (O,D,WC)
6:00PM	Never Alone , 807 South Pacific Avenue, San Pedro, CA, 90731 (O,WC,BK) <i>Basic Text / Participation</i>
7:00PM	Freedom Through Change , El Nido Park, Outdoor, bring chair, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,D,JT,To,WC,OUT)
7:00PM	Only the Strong Survive , Mass Liberation, 21519 Menlo Avenue, Torrance, CA, 90502
7:00PM	Tha So Fresh & So Clean Meeting , BHS, 15519 Crenshaw Boulevard, Gardena, CA, 90249 (C,D,NC,SP,To,WC)
7:30PM	Inner Peace , Sur La Brea Park, Corner of 237th & Cabrillo, 23610 Cabrillo Avenue, Torrance, CA, 90501 (O,D) <i>Temporarily no wheelchair access until ramp is repaired by the city</i>
7:30PM	The Solution , ICFH, 1st and 3rd weeks there is a speaker, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,SP,To,WC)
8:00PM	We are Here , Long Beach, CA, 90814 (O,VM) <i>Phone: 929-238-0613 PIN: 743 409 053#</i>

Thursday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
9:00AM	We Got A Disease! , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,LC)
12:30PM	Giving Back , 5190 Atlantic Avenue, Long Beach, CA, 90805 (O,D)
7:00PM	Let's Get Real , El Retiro Park, 126 Vista del Parque, Redondo Beach, CA, 90277 (O,D)
7:00PM	One Love Meeting of NA , First Church of the Nazarene, 2280 Clark Avenue, Long Beach, CA, 90815 (O,D,SP,1W) <i>Backside of church on Rutgers Ave</i>
7:30PM	Growth In Recovery , Bixby Knolls Christian Church- Room 115, 1240 East Carson Street, Long Beach, CA, 90807 (O,To,WC)
7:30PM	Home Again , Wayside United Methodist Church, 25904 Cayuga Avenue, Lomita, CA, 90717 (O,D,WC)
7:30PM	The Struggle is Real - Women's mtg , CA (W,VM) <i>Meeting ID: 8682842408</i> <i>Passcode:</i>

Friday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
9:00AM	We Got A Disease! , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,IW,St)
9:00AM	We Got A Disease! (Virtual) , Long Beach, CA, 90805 (O,D,IW,VM) <i>Meeting ID: 9270099714 Passcode: wgadna</i>

Friday (cont)

NOON	Keep It Simple , Kaiser Permanente, Room A, 23621 Main Street, Carson, CA, 90745 (O,D,JT,WC,SPAD)
4:30PM	Toberman Group , Toberman Neighborhood Center, 131 North Grand Avenue, San Pedro, CA, 90731 (O)
7:00PM	The Last Run , Redgate Memorial Recovery Center, 1775 Chestnut Avenue, Long Beach, CA, 90813 (SP)
7:30PM	Creative Shares Welcome , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,WC)
7:30PM	Grow or Go , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (D,RF,SP)
8:00PM	Sharing From the Heart , Long Beach Alliance Church, 3331 Palo Verde Avenue, Long Beach, CA, 90808 (O,D,WC)
8:30PM	Survivors (Bump your Head) , Lakewood Village Community Church, Upstairs Attic - Room Behind the Church, 4515 Sunfield Avenue, Long Beach, CA, 90808 (O,BT,BK)

Saturday

7:00AM	Just for Today Morning Meeting , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
10:00AM	Keeping Hope Alive , Point Fermin Park next to playground., Bring chair, dogs welcome., 807 West Paseo Del Mar, San Pedro, CA, 90731 (O,D,OUT)
10:00AM	Risking it All , Wilmington Recreation Center - Parking on Bay View Ave, 325 North Neptune Avenue, Wilmington, CA, 90744 (D,M,SP,WC)
10:00AM	Risking it All Men's Stag , Wilmington, CA, 90744 (M,SP,WC,VM) <i>Meeting ID: 4482225562 Passcode:</i>
10:00AM	Women Do Recover (Hybrid) , United Methodist Church, 580 West 6th Street, San Pedro, CA, 90731 (D,SP,W,WC,HY) <i>Meeting ID: 86060956829</i> <i>Passcode: womenfirst</i>
NOON	We Don't Use Today , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,BT)
5:00PM	Clean Time Meeting , 1645 Arlington Avenue, Torrance, California, 90501 (O)
5:30PM	Welcome to Recovery , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,D,SP,WC,SPAD) <i>Temporarily Closed 4/11/26, Normal meeting time resumes on 4/18/26</i>
6:00PM	Saturday Night Newcomers Kaiser , Carson, CA, 90745 (O,D,VM) <i>Meeting ID: 85231310249 Passcode: 662666</i>
7:00PM	Angels Gate , San Pedro Alano Club, 807 South Pacific Avenue, San Pedro, CA, 90731 (O,D,SP) <i>Mask required</i>
7:30PM	Saturday Night Recovery (Hybrid) , Walteria Park, 3855 West 242nd Street, Torrance, CA, 90505 (O,D,WC) <i>Meeting ID: 297752081 Passcode: 014360</i>
8:00PM	Real Deal 3 , Inncercity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,SP,WC)

BAY CITIES AREA MEETING DIRECTORY APRIL 2026



No Addict Seeking Recovery Ever Die.
Meetings are located at <https://baycitiesna.com/meetings-bmlt/>

24 Hour Helpline: 310-372-9666

Las Juntas en Español estan designados con la letra "ES".

<https://baycitiesna.com>

Las Juntas son solamente para el area de Bay Cities

PO Box 1428
Redondo Beach, CA 90278

Llame 1-800-622-4672 para mas informacion

Meeting Format Legend

BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
RF	Rotating Format	SP	Speaker
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	BK	Book Study
OUT	Outside	LC	Living Clean
1W	First Week	LS	Literature Study
VM	VirtualMeeting	HY	Hybrid Meeting
SPAD	A Spiritual Principle a Day		

Reunión Formato de leyenda

AR	Armenia	B	Para el recién llegado
BL	Bilingüe	BT	Texto Básico
C	Cerrado	CH	Cerrado en Dias de fiesta
CL	Luz de vela	CS	Niños bajo Supervisión
D	Discusión	EL	Estudio del Libro
ES	Español	FA	Farsi
FUE	Fuera	GL	Gay
GP	Principios Rectores	HY	Hybrid Meeting
IL	Enfermedad	IP	Folleto Informativo
IW	Funciona - Cómo y Porqué©	JT	Solo por Hoy
L	Lesbiana	LC	Vivir limpios
LGBTQ	LGBTQ	LS	Estudio de la literatura
M	Hombres	NC	No niños
NCP	No se permiten celulares	NF	No Fumar
O	Abierta	OE	Sin Tiempo Fijo
PR	Preguntas y Respuestas	RF	Formato que Rota
RR	Round Robin	SG	Guia Para Trabajar los Pasos
SL	ASL	Sm	Permitido Fumar
So	Solamente Orador	St	Paso
TW	Taller de las Tradiciones	Ti	Contador de Tiempo
To	Tema	Tr	Tradición
VM	reunión virtual	W	Mujeres