

**Sunday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
<b>10:00AM</b>	<b>Beginners Steps on the Beach</b> , Down Junipero at the east end of the parking lot, Lifeguard Station #17, East Ocean Boulevard and Junipero Avenue, Long Beach, CA, 90803 (O,D,St,OUT)
<b>10:00AM</b>	<b>Keeping Hope Alive</b> , Point Fermin Park next to playground, Bring chair, dogs welcome., 807 West Paseo Del Mar, San Pedro, CA, 90731 (O,D,OUT)
<b>10:15AM</b>	<b>Freedom by the Sea</b> , On the Beach, **Rainy days at Lifeguard Station**, 2nd Street & The Strand, Hermosa Beach, CA, 90254 (O,D,OUT)
<b>3:00PM</b>	<b>We Don't Use Today</b> , 5881 Cherry Avenue, Long Beach, California, 90805 (O,D,WC)
<b>6:30PM</b>	<b>Invitation to Live</b> , Trinity Lutheran Church, Upstairs, 759 Linden Avenue, Long Beach, CA, 90813 (C,BT,D,SP,St,Tr,LS)
<b>6:30PM</b>	<b>Relapse Prevention 101 (Hybrid)</b> , Sur La Brea Park, Corner of 237th Street & Cabrillo, Cabrillo Avenue & West 236th Street, Torrance, CA, 90501 (C,D,LC,HY) <i>Meeting ID: 285793878 Passcode: RP101 Temporarily no wheelchair access until ramp is repaired by the city</i>
<b>6:30PM</b>	<b>The Lie is Dead</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (CS) <i>Meeting will be Closed May 3rd Only due to Repairs at the Facility</i>
<b>7:00PM</b>	<b>Better Choices</b> , Bixby Knolls Christian Church, 1240 Carson Street, Long Beach, CA, 90807 (JT)
<b>7:00PM</b>	<b>Better Choices (Virtual)</b> , Long Beach, CA (JT,VM) <i>Meeting ID: 6809069798 Passcode: 410479</i>
<b>7:00PM</b>	<b>Wheel of Recovery</b> , McMaster Park, 3624 Artesia Boulevard, Torrance, CA, 90504 (O,D,WC)

**Monday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
<b>9:00AM</b>	<b>We Got A Disease!</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,BT,D,BK)
<b>NOON</b>	<b>Complete Abstinence</b> , Kaiser Permanente, Room A, 23621 South Main Street, Carson, CA, 90745 (O,D,JT,WC,SPAD)
<b>5:15PM</b>	<b>Art C's Memorial Men's Step Study</b> , 835 East 33rd Street, Signal Hill, CA, 90755 (M,BK)
<b>5:30PM</b>	<b>Women Stepping Into Recovery</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (D,St,W)
<b>6:30PM</b>	<b>Full Contact Women's Group</b> , 1240 East Carson Street, Long Beach, CA, 90807 (W,WC,LS) <i>Parking in rear, wheelchair accessible</i>
<b>7:00PM</b>	<b>RAW (Recovery At Work Group of NA)</b> , BHS, 15519 Crenshaw Boulevard, Gardena, CA, 90249 (St,BK)
<b>7:00PM</b>	<b>Serenity Hope</b> , MWA, 835 East 33rd Street, Signal Hill, CA, 90755 (O,To,WC)
<b>7:00PM</b>	<b>Women's Candle Light Meeting</b> , Long Beach, CA, 90808 (To,W,LC,VM) <i>Meeting ID: 9484069680 Passcode: WomenNA</i>
<b>7:30PM</b>	<b>N.A. Crosstalk</b> , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O) <i>First Monday of every month Potluck at 6:30pm</i>

**Tuesday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
<b>9:00AM</b>	<b>We Got A Disease!</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D)
<b>11:30AM</b>	<b>High Nooners</b> , Union Hall, 231 West C Street, Wilmington, CA, 90744 (C,D)
<b>4:00PM</b>	<b>Tuesday Afternoon Serenity</b> , Torrance Lomita Alano Club, 1645 Arlington Avenue, Torrance, CA, 90501 (O,To,WC)

**Tuesday (cont)**

<b>7:00PM</b>	<b>For Those Who Want To Recover</b> , 15533 Crenshaw Blvd, Gardena, CA, 90249 (O,WC)
<b>7:00PM</b>	<b>Principles Before Personalities (Hybrid)</b> , Mass Liberation, 21519 Menlo Avenue, Torrance, CA, 90502 (St,W,BK,HY) <i>Meeting ID: 8752286780 Passcode: 587541</i>
<b>7:00PM</b>	<b>Step Connection</b> , 2280 Clark Avenue, Long Beach, CA, 90815 (O,BT,SP,St,WC,BK)
<b>7:00PM</b>	<b>The Primary Purpose Step Study</b> , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (C,St,WC)
<b>8:00PM</b>	<b>Living Clean</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,LC)

**Wednesday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
<b>9:00AM</b>	<b>We Got A Disease!</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,IP)
<b>NOON</b>	<b>Welcome Home</b> , Kaiser Permanente, Room A, 23621 Main Street, Carson, CA, 90745 (O,D,WC)
<b>6:00PM</b>	<b>Never Alone</b> , 807 South Pacific Avenue, San Pedro, CA, 90731 (O,WC,BK) <i>Basic Text / Participation</i>
<b>7:00PM</b>	<b>Freedom Through Change</b> , El Nido Park, Outdoor, bring chair, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,D,JT,To,WC,OUT)
<b>7:00PM</b>	<b>Only the Strong Survive</b> , Mass Liberation, 21519 Menlo Avenue, Torrance, CA, 90502
<b>7:00PM</b>	<b>Tha So Fresh &amp; So Clean Meeting</b> , BHS, 15519 Crenshaw Boulevard, Gardena, CA, 90249 (C,D,NC,SP,To,WC)
<b>7:30PM</b>	<b>Inner Peace</b> , Sur La Brea Park, Corner of 237th & Cabrillo, 23610 Cabrillo Avenue, Torrance, CA, 90501 (O,D) <i>Temporarily no wheelchair access until ramp is repaired by the city</i>
<b>7:30PM</b>	<b>The Solution</b> , ICFH, 1st and 3rd weeks there is a speaker, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,SP,To,WC)
<b>8:00PM</b>	<b>We are Here</b> , Long Beach, CA, 90814 (O,VM) <i>Phone: 929-238-0613 PIN: 743 409 053#</i>

**Thursday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
<b>9:00AM</b>	<b>We Got A Disease!</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,LC)
<b>12:30PM</b>	<b>Giving Back</b> , 5190 Atlantic Avenue, Long Beach, CA, 90805 (O,D)
<b>7:00PM</b>	<b>Let's Get Real</b> , El Retiro Park, 126 Vista del Parque, Redondo Beach, CA, 90277 (O,D)
<b>7:00PM</b>	<b>One Love Meeting of NA</b> , First Church of the Nazarene, 2280 Clark Avenue, Long Beach, CA, 90815 (O,D,SP,1W) <i>Backside of church on Rutgers Ave</i>
<b>7:30PM</b>	<b>Growth In Recovery</b> , Bixby Knolls Christian Church- Room 115, 1240 East Carson Street, Long Beach, CA, 90807 (O,To,WC)
<b>7:30PM</b>	<b>Home Again</b> , Wayside United Methodist Church, 25904 Cayuga Avenue, Lomita, CA, 90717 (O,D,WC)
<b>7:30PM</b>	<b>The Struggle is Real - Women's mtg</b> , CA (W,VM) <i>Meeting ID: 8682842408 Passcode:</i>

**Friday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147, Passcode: recovery</i>
<b>9:00AM</b>	<b>We Got A Disease!</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,D,IW,St)

**Friday (cont)**

<b>9:00AM</b>	<b>We Got A Disease! (Virtual)</b> , Long Beach, CA, 90805 (O,D,IW,VM) <i>Meeting ID: 9270099714 Passcode: wgadna</i>
<b>NOON</b>	<b>Keep It Simple</b> , Kaiser Permanente, Room A, 23621 Main Street, Carson, CA, 90745 (O,D,JT,WC,SPAD)
<b>4:30PM</b>	<b>Toberman Group</b> , Toberman Neighborhood Center, 131 North Grand Avenue, San Pedro, CA, 90731 (O)
<b>7:00PM</b>	<b>The Last Run</b> , Redgate Memorial Recovery Center, 1775 Chestnut Avenue, Long Beach, CA, 90813 (SP)
<b>7:30PM</b>	<b>Creative Shares Welcome</b> , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,WC)
<b>7:30PM</b>	<b>Grow or Go</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (D,RF,SP)
<b>8:00PM</b>	<b>Sharing From the Heart</b> , Long Beach Alliance Church, 3331 Palo Verde Avenue, Long Beach, CA, 90808 (O,D,WC)
<b>8:30PM</b>	<b>Survivors (Bump your Head)</b> , Lakewood Village Community Church, Upstairs Attic - Room Behind the Church, 4515 Sunfield Avenue, Long Beach, CA, 90808 (O,BT,BK)

**Saturday**

<b>7:00AM</b>	<b>Just for Today Morning Meeting</b> , San Pedro, CA, 90731 (O,D,JT,VM) <i>Meeting ID: 569025147 Passcode: recovery</i>
<b>10:00AM</b>	<b>Keeping Hope Alive</b> , Point Fermin Park next to playground., Bring chair, dogs welcome., 807 West Paseo Del Mar, San Pedro, CA, 90731 (O,D,OUT)
<b>10:00AM</b>	<b>Risking It All</b> , Wilmington Recreation Center - Parking on Bay View Ave, 325 North Neptune Avenue, Wilmington, CA, 90744 (D,M,SP,WC)
<b>10:00AM</b>	<b>Risking it All Men's Stag</b> , Wilmington, CA, 90744 (M,SP,WC,VM) <i>Meeting ID: 4482225562 Passcode:</i>
<b>10:00AM</b>	<b>Women Do Recover (Hybrid)</b> , United Methodist Church, Parking lot is off of 6th Street. We are located in the main building in the cafeteria, 580 West 6th Street, San Pedro, CA, 90731 (D,SP,W,WC,HY) <i>Meeting ID: 852 8250 9325 Passcode 181027</i>
<b>NOON</b>	<b>We Don't Use Today</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,BT)
<b>5:00PM</b>	<b>Clean Time Meeting</b> , 1645 Arlington Avenue, Torrance, California, 90501 (O)
<b>5:30PM</b>	<b>Welcome to Recovery</b> , El Nido Park, 18301 Kingsdale Avenue, Redondo Beach, CA, 90278 (O,D,SP,WC,SPAD)
<b>6:00PM</b>	<b>Saturday Night Newcomers Kaiser</b> , Carson, CA, 90745 (O,D,VM) <i>Meeting ID: 85231310249 Passcode: 662666</i>
<b>7:00PM</b>	<b>Angels Gate</b> , San Pedro Alano Club, 807 South Pacific Avenue, San Pedro, CA, 90731 (O,D,SP) <i>Mask required</i>
<b>7:30PM</b>	<b>Saturday Night Recovery (Hybrid)</b> , WALTERIA Park, 3855 West 242nd Street, Torrance, CA, 90505 (O,D,WC) <i>Meeting ID: 297752081 Passcode: 014360</i>
<b>8:00PM</b>	<b>Real Deal 3</b> , Inncity Fellowship Hall, 5881 Cherry Avenue, Long Beach, CA, 90805 (O,SP,WC)

# BAY CITIES AREA MEETING DIRECTORY JUNE 2026



**No Addict Seeking Recovery Ever Die.**  
*Meetings are located at <https://baycitiesna.com/meetings-bmlt/>*

24 Hour Helpline: 310-372-9666

Las Juntas en Español estan designados con la letra "ES".

<https://baycitiesna.com>

Las Juntas son solamente para el area de Bay Cities

PO Box 1428  
Redondo Beach, CA 90278

Llame 1-800-622-4672  
para mas informacion

### Meeting Format Legend

BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
RF	Rotating Format	SP	Speaker
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	BK	Book Study
OUT	Outside	LC	Living Clean
1W	First Week	LS	Literature Study
VM	VirtualMeeting	HY	Hybrid Meeting
SPAD	A Spiritual Principle a Day		

### Reunión Formato de leyenda

AR	Armenia	B	Para el recién llegado
BL	Bilingüe	BT	Texto Básico
C	Cerrado	CH	Cerrado en Dias de fiesta
CL	Luz de vela	CS	Niños bajo Supervisión
D	Discusión	EL	Estudio del Libro
ES	Español	FA	Farsi
FUE	Fuera	GL	Gay
GP	Principios Rectores	HY	Hybrid Meeting
IL	Enfermedad	IP	Folleto Informativo
IW	Funciona - Cómo y Porqué©	JT	Solo por Hoy
L	Lesbiana	LC	Vivir limpios
LGBTQ	LGBTQ	LS	Estudio de la literatura
M	Hombres	NC	No niños
NCP	No se permiten celulares	NF	No Fumar
O	Abierta	OE	Sin Tiempo Fijo
PR	Preguntas y Respuestas	RF	Formato que Rota
RR	Round Robin	SG	Guia Para Trabajar los Pasos
SL	ASL	Sm	Permitido Fumar
So	Solamente Orador	St	Paso
TW	Taller de las Tradiciones	Ti	Contador de Tiempo
To	Tema	Tr	Tradicón
VM	reunión virtual	W	Mujeres